

# 2018 EFM State Relay Championships

Results from 2<sup>nd</sup> December 2018

## U8 Boys Final

### 4x100m

1. Enfield	ENF	1:10.68
2. Salisbury	SAL	1:10.93
3. Barossa Valley	BVA	1:11.99
4. Hills	HIL	1:12.35
5. Golden Grove	GGR	1:12.90
6. Western Athletics	WAC	1:13.69
7. West Lakes	WLD	1:13.74
8. Eastern Districts	EDI	1:13.86
9. Tea Tree Gully	TTG	1:14.70
10. Plympton	PLY	1:15.34
11. Northern Districts	NDI	1:15.49
12. Western Athletics B	WAC	1:16.39
13. Magill	MAG	1:17.10
14. Tea Tree Gully B	TTG	1:17.53
15. Lyndoch & Districts	LYN	1:17.62
16. Plympton B	PLY	1:19.42
17. Woodville	WVL	1:21.48
18. Adelaide Harriers	ADE	1:21.52
19. Mid Coast	MCO	1:23.40
20. Munno Para	MPA	1:24.41
21. West Lakes B	WLD	1:25.16
22. Northern Districts B Gawler	NDI GAW	1:33.92 DQ

## U8 Girls Final

### 4x100m

1. West Lakes	WLD	1:15.63
2. Hills	HIL	1:16.12
3. Magill	MAG	1:16.19
4. Enfield	ENF	1:17.69
5. Western Athletics	WAC	1:18.77
6. Magill B	MAG	1:19.47
7. Eastern Districts	EDI	1:19.51
8. Plympton	PLY	1:21.16
9. Tea Tree Gully	TTG	1:21.36
10. Munno Para	MPA	1:21.47
11. Mid Coast	MCO	1:24.22
12. Lyndoch & Districts	LYN	1:25.06
13. Golden Grove	GGR	1:25.44
14. Adelaide Harriers	ADE	1:26.51
15. Mt Barker	MTB	1:29.55
16. West Lakes B	WLD	1:33.26
17. Northern Districts	NDI	1:34.24

## U9 Boys Final

1. Zac Zillante	ENF	1.05
2. Elliot Gauci	SAL	1.05
3. Luke Hunter	CDI	1.00
4. Jaxon Jones	RED	1.00
5. Judd Heading	BVA	0.90
5. Jacob Marshall	GGR	0.90
7. Dane Molenaar	NOA	0.85
8. Jordy Dalton	CAM	0.85
8. Will Hart	EDI	0.85

## High Jump

## U9 Boys Final

1. Lysander Zaharis	ENF	3.00
2. Judd Heading	BVA	2.98
3. Mitchell Moffat	SAL	2.79
4. Zachary Hughes	CAM	2.78
5. Jacob Marshall	GGR	2.73
6. Bailey Murphy	NOA	2.48
6. Cedric Greenslade	EDI	2.48
8. Zachary Cooper	CDI	2.24
9. Brayden Barnes	RED	2.17

## Long Jump

## U9 Boys Final

1. Zac Zillante	ENF	13.57
2. Noah King	BVA	13.17
3. Luke Hunter	CDI	12.22
4. Will Hart	EDI	11.03
5. Elliot Gauci	SAL	10.98
6. Dane Molenaar	NOA	8.90
7. Zachary Hughes	CAM	8.79
8. Brayden Barnes	RED	7.68
9. Connor Tsokos	GGR	7.54

## Discus

## U9 Boys Final

1. Oliver McIver	EDI	4.52
2. Noah King	BVA	4.25
3. Lysander Zaharis	ENF	4.24
4. Jordy Dalton	CAM	4.13
5. Mitchell Moffat	SAL	3.94
6. Zachary Cooper	CDI	3.94
7. Jaxon Jones	RED	3.85
8. Bailey Murphy	NOA	3.49

## Shot Put

9. Connor Tsokos GGR 3.09

**U9 Boys**

**Final**

1. Enfield	ENF	98.00
2. Barossa Valley	BVA	92.50
3. Salisbury	SAL	89.00
4. Coastal Districts	CDI	84.00
5. Eastern Districts	EDI	84.00
6. Campbelltown	CAM	80.50
7. Noarlunga	NOA	76.50
8. Reynella East	RED	76.00
9. Golden Grove	GGR	75.50

**U9 Boys**

**Heat 1**

1. Golden Grove	GGR	1:07.15
2. Tea Tree Gully	TTG	1:07.85
3. Eastern Districts	EDI	1:08.88
4. West Lakes	WLD	1:09.68
5. Magill	MAG	1:12.57
6. Coastal Districts	CDI	1:13.39
7. Lyndoch & Districts	LYN	1:13.53
8. Plympton	PLY	1:14.54
9. Western Athletics	WAC	1:18.37

**Heat 2**

1. Mid Coast	MCO	1:07.85
2. Southern Hills	SOH	1:09.80
3. Enfield	ENF	1:10.82
4. Woodville	WVL	1:11.37
5. Munno Para	MPA	1:13.70
6. Western Athletics	WAC	1:13.83
7. Tea Tree Gully	TTG	1:15.80
8. Gawler	GAW	1:20.51
9. West Lakes	WLD	1:28.31

**U9 Boys**

**Final**

1. Golden Grove	GGR	1:06.99
2. Tea Tree Gully	TTG	1:07.31
3. Eastern Districts	EDI	1:07.88
4. Mid Coast	MCO	1:08.02
5. Southern Hills	SOH	1:09.51
6. West Lakes	WLD	1:10.76
7. Enfield	ENF	1:11.07
8. Woodville	WVL	1:11.49

**U9 Boys**

**Heat 1**

1. Golden Grove	GGR	2:24.34
2. Tea Tree Gully	TTG	2:27.57

**Field Relay**

3. Mid Coast	MCO	2:29.13
4. Enfield	ENF	2:33.86
5. Coastal Districts	CDI	2:42.79
6. Adelaide Harriers	ADE	2:44.90
7. Western Athletics	WAC	2:46.85
8. Gawler	GAW	2:51.88
9. West Lakes	WLD	2:59.00

**Heat 2**

1. Southern Hills	SOH	2:27.27
2. Eastern Districts	EDI	2:29.42
3. West Lakes	WLD	2:33.33
4. Western Athletics	WAC	2:35.57
5. Plympton	PLY	2:37.21
6. Magill	MAG	2:39.11
7. Lyndoch & Districts	LYN	2:41.33
8. Tea Tree Gully	TTG	2:42.75
9. Woodville	WVL	2:45.29

**U9 Boys**

**Final**

1. Golden Grove	GGR	2:22.94
2. Tea Tree Gully	TTG	2:25.34
3. Mid Coast	MCO	2:26.18
4. Eastern Districts	EDI	2:27.90
5. Southern Hills	SOH	2:28.66
6. West Lakes	WLD	2:34.78
7. Western Athletics	WAC	2:35.52
8. Enfield	ENF	2:37.38

**U9 Girls**

**Final**

1. Lauren Sloan	CAM	0.95
2. Finella Doggett	ADE	0.95
3. Juliette Stevens	MAG	0.95
4. Talia Cenko	EDI	0.95
5. Amy Le	WVL	0.90
6. Hailey Hore	ENF	0.85
7. Amarni Binder	MPA	0.80
7. Willow Smith	MCO	0.80
9. Matilda Rech	CDI	0.75
10. Charlotte Pahl	MBR	0.75
11. Scarlett Todd	RED	0.70

**U9 Girls**

**Final**

1. Juliette Stevens	MAG	2.85
2. Gabriella Ruotolo	CAM	2.80
3. Lucy Uren	EDI	2.72
4. Amy Le	WVL	2.62
5. Tahlia Zaharis	ENF	2.59
6. Abbey Rana	MPA	2.47

**4x200m**

**High Jump**

**Long Jump**

7. Amalia Wilson	MCO	2.39
8. Eden Grant	ADE	2.31
9. Millie Bennett	RED	2.10
10. Millie Hooper	CDI	1.97
11. Kearna Wilkinson	MBR	1.97
12. Amelia Wilson-Owens	NOA	1.76

**U9 Girls**
**Discus**
**Final**

1. Isabelle Cherry	MAG	18.06
2. Matilda Rech	CDI	10.20
3. Finella Doggett	ADE	9.92
4. Grace Dawes	WVL	8.99
5. Hailey Hore	ENF	7.86
6. Helayna White	MBR	7.74
7. Matilda Burns	EDI	6.81
8. Seerat Brar	CAM	6.57
8. Amarni Binder	MPA	6.57
10. Willow Smith	MCO	5.38
Millie Bennett	RED	NM

**U9 Girls**
**Shot Put**
**Final**

1. Isabelle Cherry	MAG	5.39
2. Gabriella Ruotolo	CAM	4.32
3. Helayna White	MBR	3.91
4. Grace Dawes	WVL	3.83
5. Lucy Uren	EDI	3.47
6. Abbey Rana	MPA	3.33
7. Scarlett Todd	RED	3.12
8. Millie Hooper	CDI	2.83
9. Ella Jones	ENF	2.54
10. Eden Grant	ADE	2.47
Amalia Wilson	MCO	NM

**U9 Girls**
**Field Relay**
**Final**

1. Magill	MAG	98.00
2. Campbelltown	CAM	90.50
3. Woodville	WVL	87.00
4. Eastern Districts	EDI	85.00
5. Adelaide Harriers	ADE	81.00
6. Enfield	ENF	79.00
7. Munno Para	MPA	76.00
8. Coastal Districts	CDI	75.00
9. Murray Bridge	MBR	74.00
10. Mid Coast	MCO	53.50
11. Reynella East	RED	51.00
12. Noarlunga	NOA	14.00

**U9 Girls**
**4x100m**
**Heat 1**

1. Eastern Districts	EDI	1:07.21
2. Coastal Districts	CDI	1:10.00
3. Enfield	ENF	1:13.78
4. Golden Grove	GGR	1:15.17
5. Magill B	MAG	1:20.23
6. West Lakes B	WLD	1:21.02
7. Hills	HIL	1:23.92

**Heat 2**

1. Magill	MAG	1:09.91
2. Western Athletics	WAC	1:11.00
3. Tea Tree Gully	TTG	1:11.51
4. South Coast	SCO	1:12.26
5. West Lakes	WLD	1:12.89
6. Woodville	WVL	1:13.41
7. Lyndoch & Districts	LYN	1:13.65
8. Southern Hills	SOH	1:13.70
9. Coastal Districts B	CDI	1:16.98

**U9 Girls**
**4x100m**
**Final**

1. Eastern Districts	EDI	1:06.60
2. Western Athletics	WAC	1:09.64
3. Tea Tree Gully	TTG	1:09.77
4. Coastal Districts	CDI	1:09.88
5. Magill	MAG	1:10.12
6. South Coast	SCO	1:11.29
7. West Lakes	WLD	1:13.66
8. Woodville	WVL	1:14.67

**U9 Girls**
**4x200m**
**Heat 1**

1. Western Athletics	WAC	2:33.39
2. Woodville	WVL	2:39.89
3. Tea Tree Gully	TTG	2:40.81
4. Magill B	MAG	2:47.44
5. Southern Hills	SOH	2:48.87
6. Coastal Districts B	CDI	2:51.16
7. West Lakes B	WLD	2:58.56

**Heat 2**

1. Eastern Districts	EDI	2:20.50
2. Coastal Districts	CDI	2:29.98
3. Magill	MAG	2:31.05
4. West Lakes	WLD	2:40.19
5. Enfield	ENF	2:40.99
6. Lyndoch & Districts	LYN	2:42.27
7. Golden Grove	GGR	2:42.61
8. Hills	HIL	3:00.72

<b>U9 Girls</b>		<b>4x200m</b>	
<b>Final</b>			
1. Eastern Districts	EDI	2:19.95	
2. Coastal Districts	CDI	2:32.00	
3. Western Athletics	WAC	2:33.20	
4. Tea Tree Gully	TTG	2:38.02	
5. Magill	MAG	2:40.10	
6. West Lakes	WLD	2:41.72	
7. Woodville	WVL	2:42.24	
8. Enfield	ENF	2:45.44	

<b>U10 Boys</b>		<b>High Jump</b>	
<b>Final</b>			
1. Jackson Spillane	ENF	1.20	
2. Ogbonnaya Uduma	HCO	1.20	
3. Blaine Springbett	TTG	1.15	
4. Louis Pietsch	WVL	1.05	
5. Jayce McMahan	NOA	1.00	
6. Thomas George	EDI	0.95	
6. Dominik Parazzo	WAC	0.95	
8. Zane Gurr	MPA	0.95	
Callum Hockey	MCO	NM	

<b>U10 Boys</b>		<b>Long Jump</b>	
<b>Final</b>			
1. Louis Pietsch	WVL	3.33	
2. Ogbonnaya Uduma	HCO	3.27	
3. Sam Lake	EDI	3.16	
4. Zane Gurr	MPA	3.05	
5. Thomas Bitter	WAC	2.95	
6. Callum Hockey	MCO	2.79	
7. Ranranbir Khattra	ENF	2.78	
8. Harrison Hill	TTG	2.70	
9. Matthew Menadue	NOA	2.28	

<b>U10 Boys</b>		<b>Discus</b>	
<b>Final</b>			
1. Hudson Walsh	WVL	17.30	
2. Dominik Parazzo	WAC	16.55	
3. Ruben Pretorius	MPA	15.95	
4. Nicholas Tippins	HCO	14.83	
5. Jackson Spillane	ENF	13.96	
6. William Garnett	MCO	12.86	
7. Thomas George	EDI	12.37	
8. Harrison Hill	TTG	12.17	
9. Tarique Kamish	NOA	11.14	

<b>U10 Boys</b>		<b>Shot Put</b>	
<b>Final</b>			
1. Ruben Pretorius	MPA	4.98	
2. Thomas Bitter	WAC	4.95	

3. William Garnett	MCO	4.93
4. Nicholas Tippins	HCO	4.88
5. Blaine Springbett	TTG	4.22
6. Sam Lake	EDI	4.07
7. Ranranbir Khattra	ENF	3.88
8. Tarique Kamish	NOA	3.85
9. Joel Fiala	WVL	3.47

<b>U10 Boys</b>		<b>Field Relay</b>	
<b>Final</b>			
1. Hallett Cove	HCO	92.00	
2. Woodville	WVL	89.00	
3. Western Athletics	WAC	88.50	
4. Munno Para	MPA	88.00	
5. Enfield	ENF	84.00	
6. Eastern Districts	EDI	81.50	
7. Tea Tree Gully	TTG	80.00	
8. Noarlunga	NOA	73.00	
9. Mid Coast	MCO	63.00	

<b>U10 Boys</b>		<b>4x100m</b>	
<b>Heat 1</b>			
1. Western Athletics	WAC	1:03.78	
2. Enfield	ENF	1:05.40	
3. Coastal Districts	CDI	1:07.66	
4. West Lakes	WLD	1:07.71	
5. Northern Districts	NDI	1:09.89	
6. Gawler	GAW	1:10.44	
7. Golden Grove	GGR	1:12.14	

<b>Heat 2</b>			
1. Woodville	WVL	1:02.93	
2. Mid Coast	MCO	1:06.96	
3. Lyndoch & Districts	LYN	1:08.13	
4. Hills	HIL	1:11.64	
5. Plympton	PLY	1:12.20	
6. Campbelltown	CAM	1:15.82	

<b>Heat 3</b>			
1. Tea Tree Gully	TTG	1:04.30	
2. West Lakes B	WLD	1:04.63	
3. Magill	MAG	1:04.91	
4. Eastern Districts	EDI	1:05.77	
5. Western Athletics B	WAC	1:06.84	
6. Reynella East	RED	1:09.63	
7. Salisbury	SAL	1:13.09	

<b>U10 Boys</b>		<b>4x100m</b>	
<b>Final</b>			
1. Woodville	WVL	1:02.03	
2. Western Athletics	WAC	1:03.40	
3. Magill	MAG	1:03.95	
4. West Lakes B	WLD	1:04.21	

5. Enfield	ENF	1:04.31
6. Tea Tree Gully	TTG	1:04.67
7. Eastern Districts	EDI	1:05.69
8. Coastal Districts	CDI	1:08.23
9. Western Athletics B	WAC	1:09.28

### U10 Boys

### 4x200m

#### Heat 1

1. Enfield	ENF	2:16.79
2. Eastern Districts	EDI	2:18.26
3. West Lakes	WLD	2:18.35
4. Western Athletics B	WAC	2:25.17
5. Gawler	GAW	2:29.46
6. Hills	HIL	2:32.58

#### Heat 2

1. Woodville	WVL	2:10.79
2. Lyndoch & Districts	LYN	2:14.82
3. Magill	MAG	2:19.39
4. Coastal Districts	CDI	2:25.92
5. Reynella East	RED	2:26.61
6. Northern Districts	NDI	2:33.94
7. Plympton	PLY	2:39.60

#### Heat 3

1. Tea Tree Gully	TTG	2:17.82
2. Western Athletics	WAC	2:18.45
3. Mid Coast	MCO	2:26.81
4. West Lakes B	WLD	2:33.78
5. Golden Grove	GGR	2:37.17
6. Salisbury	SAL	2:41.69

### U10 Boys

### 4x200m

#### Final

1. Woodville	WVL	2:08.14
2. Lyndoch & Districts	LYN	2:12.51
3. Enfield	ENF	2:13.60
4. Western Athletics	WAC	2:14.48
5. West Lakes	WLD	2:14.65
6. Eastern Districts	EDI	2:14.86
7. Tea Tree Gully	TTG	2:17.58
8. Magill	MAG	2:20.89

### U10 Girls

### High Jump

#### Final

1. Lucy Miller	WAC	1.05
2. Alannah Wasylkiw	GGR	1.05
3. Daisy Sexton	MAG	0.90
4. Chloe Heath	SAL	0.90
4. Edie Davies	EDI	0.90
6. Georgia Cope	TTG	0.80
6. Dior Hall	WVL	0.80

### U10 Girls

### Long Jump

#### Final

1. Daisy Sexton	MAG	3.24
2. Lucy Farmer	WAC	3.22
3. Phoebe Killick	EDI	3.07
4. Dior Hall	WVL	2.94
5. Summer Thornton	TTG	2.70
6. Kayla Thompson	SAL	2.69
7. Jasmine Girvan	GGR	2.48
8. Raven Senaratna	INF	2.21

### U10 Girls

### Discus

#### Final

1. Isabella Huf	EDI	13.87
2. Emilie Kilsby	MAG	12.10
3. Estelle Phillipou	WAC	10.81
4. Chelsea Maio	WVL	9.13
5. Jasmine Girvan	GGR	8.02
6. Kayla Thompson	SAL	7.53

### U10 Girls

### Shot Put

#### Final

1. Emilie Kilsby	MAG	5.20
2. Estelle Phillipou	WAC	5.11
3. Alannah Wasylkiw	GGR	4.92
4. Isabella Huf	EDI	4.69
5. Chloe Heath	SAL	4.34
6. Chelsea Maio	WVL	3.82
7. Summer Thornton	TTG	3.61

### U10 Girls

### Field Relay

#### Final

1. Magill	MAG	97.00
2. Western Athletics	WAC	96.00
3. Eastern Districts	EDI	91.50
4. Golden Grove	GGR	87.00
5. Woodville	WVL	83.50
6. Salisbury	SAL	82.50
7. Tea Tree Gully	TTG	59.50
8. Ingle Farm	INF	18.00

### U10 Girls

### 4x100m

#### Heat 1

1. Western Athletics	WAC	1:05.33
2. Magill	MAG	1:07.89
3. Coastal Districts	CDI	1:09.11
4. Hallett Cove	HCO	1:11.54
5. Hills	HIL	1:12.11
6. Enfield	ENF	1:12.25
7. Golden Grove	GGR	1:13.37
8. Lyndoch & Districts	LYN	1:14.05

9. Flinders	FLI	1:14.74
<b>Heat 2</b>		
1. Eastern Districts	EDI	1:05.88
2. Woodville	WVL	1:09.08
3. Munno Para	MPA	1:09.97
4. Western Athletics B	WAC	1:11.45
5. Plympton	PLY	1:12.05
6. Reynella East	RED	1:12.86
7. Magill B	MAG	1:13.08
8. Tea Tree Gully	TTG	1:14.02
9. Ingle Farm	INF	1:17.20

<b>U10 Girls</b>		<b>4x100m</b>
<b>Final</b>		
1. Western Athletics	WAC	1:04.73
2. Eastern Districts	EDI	1:05.64
3. Magill	MAG	1:05.96
4. Woodville	WVL	1:07.51
5. Coastal Districts	CDI	1:07.89
6. Hallett Cove	HCO	1:10.32
7. Munno Para	MPA	1:10.53
8. Western Athletics B	WAC	1:10.85

<b>U10 Girls</b>		<b>4x200m</b>
<b>Heat 1</b>		
1. Eastern Districts	EDI	2:23.15
2. Magill	MAG	2:24.64
3. Coastal Districts	CDI	2:25.59
4. Enfield	ENF	2:29.28
5. Hills	HIL	2:34.33
6. Golden Grove	GGR	2:37.42
7. Western Athletics B	WAC	2:37.53

<b>Heat 2</b>		
1. Western Athletics	WAC	2:17.35
2. Woodville	WVL	2:26.39
3. Tea Tree Gully	TTG	2:38.47
4. Plympton	PLY	2:38.50
5. Lyndoch & Districts	LYN	2:41.94
6. Hallett Cove	HCO	2:42.52
7. Reynella East	RED	2:43.03
8. Magill B	MAG	2:48.37
9. Ingle Farm	INF	2:55.16

<b>U10 Girls</b>		<b>4x200m</b>
<b>Final</b>		
1. Western Athletics	WAC	2:17.31
2. Eastern Districts	EDI	2:19.66
3. Woodville	WVL	2:23.27
4. Magill	MAG	2:24.93
5. Coastal Districts	CDI	2:25.60
6. Enfield	ENF	2:31.69

7. Hills	HIL	2:36.83
8. Golden Grove	GGR	2:38.58

<b>U11 Boys</b>		<b>High Jump</b>
<b>Final</b>		
1. Simon Zefi	WAC	1.25
2. Toby Grisold	MCO	1.25
3. Eutien Boey	CAM	1.20
4. Ricky Carter	ADE	1.15
5. Hudson Kerley	CDI	1.10
6. Ashton Hong	ENF	1.10
6. Mitchell Donaldson	NDI	1.10
8. Oliver King	BVA	1.05
9. Maksim Straga	EDI	1.05
10. Harrison Ellis	SAL	1.05
11. Brandan Pahl	MBR	1.05
12. Oliver Ward	GGR	1.00
13. Tyler Lawrie	MAG	0.95
14. Lachlan Yard	RED	0.95
15. Patrick Abraham	TTG	0.70

<b>U11 Boys</b>		<b>Long Jump</b>
<b>Final</b>		
1. Ashton Hong	ENF	3.99
2. Simon Zefi	WAC	3.69
3. Aidan Leeming	ADE	3.32
4. Toby Grisold	MCO	3.28
5. Aiden Edwards	GGR	3.24
6. Hiroki Tunn	CAM	3.23
7. Christian Oberdan	EDI	3.19
8. Aiden Williams	NDI	3.16
9. Jett Ribbons	BVA	3.13
10. Tyler Lawrie	MAG	3.03
11. Lewis Harrison	CDI	3.00
12. Liam Greenham	SAL	2.99
13. Brandan Pahl	MBR	2.58
14. Jay O'Connell	RED	2.19
15. Patrick Abraham	TTG	1.59

<b>U11 Boys</b>		<b>Discus</b>
<b>Final</b>		
1. Jai Thomas	SAL	27.49
2. Brodie Everett	MCO	21.44
3. Edward Plomer	MAG	20.78
4. Oliver Ward	GGR	20.65
5. Aiden Williams	NDI	17.08
6. Stefan Lawrie-Lattanzio	ENF	16.64
7. Jayden Spalding	TTG	15.20
8. Brodie McKeown	MBR	15.06
9. Tyson Hannett	ADE	15.01
10. Riley Carter	CAM	12.54

11. Jett Ribbons	BVA	10.98
12. Lewis Harrison	CDI	10.18
13. Lachlan Yard	RED	9.86
Joshua Antony	EDI	NM

### U11 Boys

#### Final

1. Jai Thomas	SAL	8.69
2. Stefan Lawrie-Lattanzio	ENF	7.85
3. Eutien Boey	CAM	7.20
4. Harry Bedford	ADE	6.94
5. Brodie Everett	MCO	6.52
6. Hudson Kerley	CDI	6.36
7. Edward Plomer	MAG	6.26
8. Brodie McKeown	MBR	6.17
9. Jayden Spalding	TTG	5.73
10. Spencer Swaine	EDI	5.70
11. Oliver King	BVA	5.41
12. Aiden Edwards	GGR	4.64
13. Mitchell Donaldson	NDI	4.31
14. Jay O'Connell	RED	4.05

### U11 Boys

#### Final

1. Mid Coast	MCO	91.00
2. Enfield	ENF	88.50
3. Adelaide Harriers	ADE	84.00
4. Campbelltown	CAM	82.00
5. Salisbury	SAL	80.00
6. Northern Districts	NDI	71.50
7. Magill	MAG	71.00
8. Golden Grove	GGR	71.00
9. Coastal Districts	CDI	70.00
10. Barossa Valley	BVA	65.00
11. Murray Bridge	MBR	64.00
12. Tea Tree Gully	TTG	58.00
13. Eastern Districts	EDI	52.00
14. Reynella East	RED	49.00
15. Western Athletics	WAC	49.00

### U11 Boys

#### Heat 1

1. Mid Coast	MCO	1:00.66
2. Flinders	FLI	1:00.80
3. Golden Grove B	GGR	1:02.91
4. West Lakes	WLD	1:04.69
5. Western Athletics B	WAC	1:07.01
6. Munno Para	MPA	1:07.78
7. Reynella East	RED	1:07.81
8. Ingle Farm	INF	1:10.62
9. Hills	HIL	1:16.67

### Heat 2

1. Golden Grove	GGR	56.93
2. Northern Districts	NDI	1:00.05
3. Western Athletics	WAC	1:00.64
4. Eastern Districts	EDI	1:01.80
5. Coastal Districts	CDI	1:04.02
6. West Lakes B	WLD	1:04.96
7. Magill	MAG	1:06.19
8. Woodville	WVL	1:07.15
9. Mt Barker	MTB	1:10.46

### U11 Boys

#### Final

1. Golden Grove	GGR	57.21
2. Northern Districts	NDI	1:00.39
3. Mid Coast	MCO	1:00.90
4. Flinders	FLI	1:00.96
5. Western Athletics	WAC	1:01.18
6. Eastern Districts	EDI	1:01.32
7. Coastal Districts	CDI	1:01.44
8. Golden Grove B	GGR	1:03.98

### U11 Boys

#### Heat 1

1. Coastal Districts	CDI	2:10.30
2. Mid Coast	MCO	2:11.55
3. Eastern Districts	EDI	2:13.41
4. Golden Grove B	GGR	2:17.64
5. Western Athletics B	WAC	2:20.33
6. West Lakes	WLD	2:20.39
7. Reynella East	RED	2:20.53
8. Ingle Farm	INF	2:34.22

### Heat 2

1. Golden Grove	GGR	2:01.68
2. Northern Districts	NDI	2:09.60
3. Western Athletics	WAC	2:10.51
4. Woodville	WVL	2:20.17
5. West Lakes B	WLD	2:21.26
6. Magill	MAG	2:22.68
7. Lyndoch & Districts	LYN	2:24.67
8. Hills	HIL	2:34.93

### U11 Boys

#### Final

1. Golden Grove	GGR	2:01.24
2. Northern Districts	NDI	2:06.81
3. Western Athletics	WAC	2:08.47
4. Coastal Districts	CDI	2:09.39
5. Mid Coast	MCO	2:10.45
6. Eastern Districts	EDI	2:10.51

7. Golden Grove B	GGR	2:19.70
8. Woodville	WVL	2:22.39

### U11 Girls

#### Final

1. Isabella Zillante	ENF	1.20
2. Lilly Davey	TTG	1.15
3. Alina Berridge	MAG	1.10
4. Bayley Keyser	MCO	1.10
5. Laurie Doko Tchatoka	EDI	1.05
6. Xenia Salupalu	ADE	1.00
7. Annabel Vetch	HIL	0.90
7. Remi Maunder	WVL	0.90
9. Imogen Mulholland	NDI	0.85

### U11 Girls

#### Final

1. Luci Dunning	ENF	3.06
2. Matilda Schubert	MAG	2.95
3. Hailey Howard	NDI	2.93
4. Tempany Hames	MCO	2.88
5. Maggie Kemp	EDI	2.87
6. Xenia Salupalu	ADE	2.74
7. Juliet Viljoen	CDI	2.72
8. Claire Macmillan	HIL	2.52
9. Imogen Taylor	TTG	2.50
10. Remi Maunder	WVL	2.45

### U11 Girls

#### Final

1. Shanoa Hofner	WVL	25.81
2. Millie Shepherd Boyd	ADE	20.01
3. Isla Dundas	MAG	17.56
4. Angelina Legrand	EDI	16.34
5. Isabella Zillante	ENF	16.21
6. Lilly Davey	TTG	11.45
7. Bayley Keyser	MCO	11.11
8. Imogen Mulholland	NDI	10.25
9. Annabel Vetch	HIL	10.07

### U11 Girls

#### Final

1. Shanoa Hofner	WVL	7.53
2. Millie Shepherd Boyd	ADE	6.37
3. Laurie Doko Tchatoka	EDI	5.87
4. Luci Dunning	ENF	5.85
5. Isla Dundas	MAG	5.33
6. Sienna Jackway	TTG	4.85
7. Claire Macmillan	HIL	4.61
8. Tempany Hames	MCO	4.42
9. Juliet Viljoen	CDI	4.13

10. Hailey Howard	NDI	3.91
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### U11 Girls

#### Final

1. Enfield	ENF	93.00
2. Magill	MAG	91.00
3. Adelaide Harriers	ADE	88.00
4. Eastern Districts	EDI	87.00
5. Woodville	WVL	84.50
6. Mid Coast	MCO	81.00
7. Tea Tree Gully	TTG	81.00
8. Northern Districts	NDI	74.00
9. Hills	HIL	72.50
10. Coastal Districts	CDI	36.00

### Field Relay

### U11 Girls

#### Heat 1

1. Tea Tree Gully	TTG	1:01.99
2. Eastern Districts	EDI	1:03.34
3. Mid Coast	MCO	1:05.12
4. Western Athletics B	WAC	1:06.68
5. Barossa Valley	BVA	1:09.50

#### Heat 2

1. Hallett Cove	HCO	1:07.05
2. Adelaide Harriers	ADE	1:07.81
3. Golden Grove	GGR	1:08.13
4. Lyndoch & Districts	LYN	1:08.17
5. Plympton	PLY	1:08.20
6. Woodville	WVL	1:09.61

#### Heat 3

1. Western Athletics	WAC	1:01.52
2. Coastal Districts	CDI	1:02.24
3. Enfield	ENF	1:03.24
4. Hills	HIL	1:05.06
5. Tea Tree Gully B	TTG	1:05.18
6. West Lakes	WLD	1:09.12

### U11 Girls

#### Final

1. Eastern Districts	EDI	1:01.26
2. Western Athletics	WAC	1:01.73
3. Tea Tree Gully	TTG	1:02.47
4. Coastal Districts	CDI	1:03.03
5. Enfield	ENF	1:03.61
6. Hills	HIL	1:05.39
7. Mid Coast	MCO	1:06.99
8. Tea Tree Gully B	TTG	1:07.32

### U11 Girls

#### Heat 1

1. Eastern Districts	EDI	2:11.90
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2. Coastal Districts	CDI	2:17.02
3. Mid Coast	MCO	2:19.10
4. Tea Tree Gully B	TTG	2:24.47
5. Adelaide Harriers	ADE	2:26.23
6. Western Athletics B	WAC	2:28.30
7. Barossa Valley	BVA	2:32.60

### Heat 2

1. Western Athletics	WAC	2:11.09
2. Tea Tree Gully	TTG	2:15.50
3. Hills	HIL	2:26.13
4. Golden Grove	GGR	2:27.11
5. West Lakes	WLD	2:29.56
6. Woodville	WVL	2:30.76
Enfield	ENF	DQ
Hallett Cove	HCO	DQ

### U11 Girls

#### Final

1. Western Athletics	WAC	2:09.40
2. Eastern Districts	EDI	2:10.12
3. Coastal Districts	CDI	2:14.37
4. Tea Tree Gully	TTG	2:14.65
5. Mid Coast	MCO	2:18.42
6. Adelaide Harriers	ADE	2:24.94
7. Hills	HIL	2:26.05
8. Tea Tree Gully B	TTG	2:26.67

### U9-11 Mixed

#### Heat 1

1. Lyndoch & Districts	LYN	2:13.50
2. Tea Tree Gully	TTG	2:24.32
3. Western Athletics	WAC	2:32.63
4. West Lakes	WLD	2:35.39
5. Southern Hills	SOH	2:45.13

#### Heat 2

1. Flinders	FLI	2:18.52
2. Eastern Districts	EDI	2:30.36
3. Lyndoch & Districts B	LYN	2:33.22
4. Gawler	GAW	2:35.15
5. Mid Coast	MCO	2:45.87
6. Northern Districts	NDI	2:58.70

### U9-11 Mixed

#### Final

1. Lyndoch & Districts	LYN	2:14.52
2. Flinders	FLI	2:15.13
3. Eastern Districts	EDI	2:25.44
4. Tea Tree Gully	TTG	2:25.57
5. Western Athletics	WAC	2:30.25
6. West Lakes	WLD	2:35.37
7. Lyndoch & Districts B	LYN	2:40.41

8. Gawler	GAW	2:44.37
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### U12 Boys

#### Final

1. Oscar Pietsch	WVL	1.35
2. Max Brammy	ADE	1.25
3. Ezekiel Hemming	HIL	1.25
4. Stephan Pretorius	MPA	1.25
5. Rehaan Bhatti	CAM	1.20
5. Harry Macdonald	EDI	1.20
7. Zayden Kamish	NOA	1.15
8. Dayne Eime	CDI	1.15
9. Henry Gogoll	BVA	1.15
9. Jacob Seaman	WLD	1.15
11. Langdon Jacques	TTG	1.15
12. Beau Kemp	SAL	1.10

### High Jump

### U12 Boys

#### Final

1. Ezekiel Hemming	HIL	4.16
2. Max Brammy	ADE	4.09
3. Harry Macdonald	EDI	3.80
4. Oliver Crew	NOA	3.78
5. Sam Young	BVA	3.38
6. Dayne Eime	CDI	3.33
7. Jacob Seaman	WLD	3.30
8. Oluwatimlehin Adetutu	WVL	3.28
9. Rehaan Bhatti	CAM	3.07
10. Langdon Jacques	TTG	3.02
11. Callum Harmer	SAL	2.82
12. Jack Houston	LYN	2.25

### Long Jump

### U12 Boys

#### Final

1. Ronan Morris	HIL	28.01
2. Zayden Kamish	NOA	27.84
3. Kaden Gilby	TTG	24.40
4. Oliver Lipkiewicz	ADE	23.08
5. Sam Young	BVA	22.90
6. Finn Maunder	WVL	21.86
7. Jeremiah Wheaton	EDI	16.29
8. Cooper Rech	CDI	14.10
9. Beau Kemp	SAL	13.83
10. Oscar Cohen	CAM	13.31
11. Deklyn Wilson-Owens	MPA	11.83
12. Jack Houston	LYN	9.90

### Discus

### U12 Boys

#### Final

1. Ronan Morris	HIL	10.75
2. Finn Shepherd Boyd	ADE	10.13

### Shot Put

3. Kaden Gilby	TTG	9.81
4. Stephan Pretorius	MPA	8.12
5. Oliver Crew	NOA	7.93
6. Oscar Cohen	CAM	6.82
7. Henry Gogoll	BVA	6.70
8. Cooper Rech	CDI	6.53
9. Cooper Wall	WVL	6.46
10. Jeremiah Wheaton	EDI	5.97
11. Aiden Radlett	SAL	5.66
12. Rhys Tappert	LYN	5.09

### U12 Boys

		Field Relay
<b>Final</b>		
1. Hills	HIL	98.00
2. Adelaide Harriers	ADE	94.00
3. Noarlunga	NOA	86.00
4. Woodville	WVL	80.00
5. Eastern Districts	EDI	78.50
6. Barossa Valley	BVA	77.50
7. Tea Tree Gully	TTG	77.00
8. Coastal Districts	CDI	74.00
9. Campbelltown	CAM	73.50
10. Salisbury	SAL	61.00
11. Munno Para	MPA	59.00
12. Lyndoch & Districts	LYN	42.00
13. West Lakes	WLD	35.50

### U12 Boys

		4x100m
<b>Heat 1</b>		
1. West Lakes	WLD	57.17
2. Tea Tree Gully	TTG	58.44
3. Woodville	WVL	59.28
4. Salisbury	SAL	1:00.01
5. Mid Coast B	MCO	1:01.80
6. Southern Hills	SOH	1:06.63

### Heat 2

1. Eastern Districts	EDI	57.40
2. Western Athletics	WAC	57.94
3. Enfield	ENF	58.80
3. Mid Coast	MCO	58.80
5. Coastal Districts	CDI	59.14
6. Plympton	PLY	1:01.36
7. Golden Grove	GGR	1:05.16

### U12 Boys

		4x100m
<b>Final</b>		
1. West Lakes	WLD	56.71
2. Eastern Districts	EDI	56.85
3. Western Athletics	WAC	57.36
4. Coastal Districts	CDI	57.98
5. Tea Tree Gully	TTG	58.83

6. Enfield	ENF	59.43
7. Mid Coast	MCO	59.92
8. Woodville	WVL	1:04.46

### U12 Boys

### 4x200m

#### Heat 1

1. West Lakes	WLD	2:00.35
2. Woodville	WVL	2:05.71
3. Tea Tree Gully	TTG	2:06.29
4. Mid Coast B	MCO	2:12.19
5. Southern Hills	SOH	2:22.44

#### Heat 2

1. Eastern Districts	EDI	2:01.15
2. Mid Coast	MCO	2:04.67
3. Western Athletics	WAC	2:08.45
4. Enfield	ENF	2:09.16
5. Coastal Districts	CDI	2:09.21
6. Salisbury	SAL	2:12.12
7. Golden Grove	GGR	2:18.48

### U12 Boys

### 4x200m

#### Final

1. West Lakes	WLD	1:59.38
2. Western Athletics	WAC	1:59.90
3. Eastern Districts	EDI	2:00.24
4. Woodville	WVL	2:04.54
5. Tea Tree Gully	TTG	2:05.00
6. Enfield	ENF	2:06.87
7. Mid Coast	MCO	2:07.43
8. Coastal Districts	CDI	2:10.95

### U12 Girls

### High Jump

#### Final

1. Tahlia Wasykiw	GGR	1.30
2. Ruby Loughnan	EDI	1.30
3. Tahlia Jolly	MAG	1.25
4. Zoe Hill	TTG	1.15
5. Imogen Hosking	WAC	1.15
6. Madison Dansie	NDI	1.15
7. Ella Townsend	INF	1.15
8. Summer Thomas	MCO	1.05

### U12 Girls

### Long Jump

#### Final

1. Madison Dansie	NDI	3.65
2. Ella Townsend	INF	3.57
3. Tahlia Wasykiw	GGR	3.44
4. Kate James	TTG	3.40
5. Summer Thomas	MCO	3.34
6. Ella Tanti	MAG	3.29
7. Erin Schulz	EDI	3.29

Imogen Hosking WAC NM

**U12 Girls  
Final**

1. Caitlin Fraser	NDI	32.37
2. Kiera Geesing	TTG	24.05
3. Shae-Leigh Pittman	WAC	21.30
4. Ella Nangle	GGR	20.43
5. Ella Tanti	MAG	20.10
6. Sophie Hart	EDI	15.13
7. Katelyn Fraser	INF	9.64
8. Jasmine Schueller	MCO	5.89

**U12 Girls  
Final**

1. Caitlin Fraser	NDI	10.74
2. Ella Nangle	GGR	7.27
3. Tahlia Jolly	MAG	6.86
4. Shae-Leigh Pittman	WAC	6.08
5. Chloe Sternagel	TTG	6.02
6. Hannah Wilks	EDI	5.46
7. Jasmine Schueller	MCO	5.45
8. Katelyn Fraser	INF	5.06

**U12 Girls  
Final**

1. Northern Districts	NDI	95.00
2. Golden Grove	GGR	94.00
3. Tea Tree Gully	TTG	89.00
4. Magill	MAG	87.00
5. Eastern Districts	EDI	83.00
6. Ingle Farm	INF	80.00
7. Mid Coast	MCO	76.00
8. Western Athletics	WAC	66.00

**U12 Girls  
Heat 1**

1. Tea Tree Gully B	TTG	1:01.13
2. Mid Coast	MCO	1:02.14
3. Hills	HIL	1:02.24
4. Adelaide Harriers	ADE	1:03.26
5. Noarlunga	NOA	1:05.46
6. Coastal Districts	CDI	1:10.05

**Heat 2**

1. Tea Tree Gully	TTG	58.62
2. Eastern Districts	EDI	1:00.47
3. Magill	MAG	1:01.22
4. Western Athletics	WAC	1:03.52
5. West Lakes	WLD	1:04.59
6. Mt Barker	MTB	1:05.66
7. Reynella East	RED	1:06.14

**Discus**

**Shot Put**

**Field Relay**

**4x100m**

8. Woodville WVL 1:07.56

**U12 Girls  
Final**

1. Tea Tree Gully	TTG	59.76
2. Magill	MAG	1:01.22
3. Eastern Districts	EDI	1:01.65
4. Mid Coast	MCO	1:02.58
5. Hills	HIL	1:02.69
6. Adelaide Harriers	ADE	1:03.28
7. Tea Tree Gully B	TTG	1:03.35
8. Western Athletics	WAC	1:04.55

**U12 Girls  
Heat 1**

1. Magill	MAG	2:06.75
2. Eastern Districts	EDI	2:10.70
3. Hills	HIL	2:11.40
4. Tea Tree Gully B	TTG	2:14.07
5. Adelaide Harriers	ADE	2:17.70
6. Noarlunga	NOA	2:19.33
7. Coastal Districts	CDI	2:31.76

**Heat 2**

1. Tea Tree Gully	TTG	2:08.04
2. Western Athletics	WAC	2:14.73
3. Mid Coast	MCO	2:17.57
4. West Lakes	WLD	2:21.47
5. Reynella East	RED	2:29.91
6. Woodville	WVL	2:31.65

**U12 Girls  
Final**

1. Tea Tree Gully	TTG	2:05.29
2. Magill	MAG	2:08.03
3. Eastern Districts	EDI	2:10.48
4. Hills	HIL	2:11.32
5. Tea Tree Gully B	TTG	2:14.56
6. Western Athletics	WAC	2:15.56
7. Mid Coast	MCO	2:15.99
8. Adelaide Harriers	ADE	2:17.22

**U13 Boys  
Final**

1. Noah Dolphin	MCO	1.45
2. Joshua Leeming	ADE	1.35
3. Harry Janson	MAG	1.25
4. Thomas Harding	INF	1.20
5. Caleb Davey	TTG	1.15

**U13 Boys  
Final**

1. Noah Dolphin	MCO	4.12
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**4x100m**

**4x200m**

**4x200m**

**High Jump**

**Long Jump**

2. Joshua Leeming	ADE	3.95
3. Brodie Grant-Allan	TTG	3.90
4. Thomas Harding	INF	3.50
5. Addis Goode	MAG	3.33

**U13 Boys**
**Final**

1. Bailey Pfeiffer	ADE	27.46
2. Anthony Tana	MCO	22.92
3. Brodie Grant-Allan	TTG	22.60
4. Jye Reidy	INF	22.09
5. Harry Janson	MAG	15.84

**U13 Boys**
**Final**

1. Bailey Pfeiffer	ADE	8.05
2. Robert Plomer	MAG	7.61
3. Anthony Tana	MCO	6.80
4. Jye Reidy	INF	6.15
5. Caleb Davey	TTG	4.59

**U13 Boys**
**Final**

1. Adelaide Harriers	ADE	98.00
2. Mid Coast	MCO	97.00
3. Magill	MAG	89.00
4. Ingle Farm	INF	88.00
5. Tea Tree Gully	TTG	88.00

**U13 Boys**
**Final**

1. Hills	HIL	57.67
2. Tea Tree Gully	TTG	57.98
3. Gawler	GAW	58.31
4. Western Athletics	WAC	1:00.44
5. Eastern Districts	EDI	1:00.70
6. Mt Barker	MTB	1:02.93
7. Hallett Cove	HCO	1:03.12
8. Lyndoch & Districts	LYN	1:03.83

**U13 Boys**
**Final**

1. Tea Tree Gully	TTG	2:01.58
2. Gawler	GAW	2:01.68
3. Western Athletics	WAC	2:03.60
4. Hills	HIL	2:05.02
5. Eastern Districts	EDI	2:10.45
6. Lyndoch & Districts	LYN	2:11.92
7. Hallett Cove	HCO	2:14.27

**U13 Girls**
**Final**

1. Alice Braithwaite	EDI	1.20
1. Melody Teague	MCO	1.20
3. Grace Lowe	MPA	1.20
4. Sophie Bedford	ADE	1.15
5. Amelia Williams	NDI	1.15

**U13 Girls**
**Final**

1. Sophie Bedford	ADE	3.93
2. Isobel Vieceli	EDI	3.84
3. Emma Thompson	SAL	3.43
4. Grace Lowe	MPA	3.42
5. Melody Teague	MCO	3.34
6. Amelia Williams	NDI	3.11

**U13 Girls**
**Final**

1. Clementine Miller	ADE	26.42
2. Tatum Giles	NDI	16.03
3. Sienna Everett	MCO	15.74
4. Iiyah Adams	MPA	14.12
5. Daisy Braithwaite	EDI	10.68

**U13 Girls**
**Final**

1. Clementine Miller	ADE	8.51
2. Sienna Everett	MCO	6.09
3. Tatum Giles	NDI	4.87
4. Tilly Francou	EDI	4.74
5. Iiyah Adams	MPA	4.39
6. Emma Thompson	SAL	4.31

**U13 Girls**
**Final**

1. Adelaide Harriers	ADE	97.00
2. Mid Coast	MCO	92.50
3. Eastern Districts	EDI	91.50
4. Munno Para	MPA	88.00
5. Northern Districts	NDI	88.00
6. Salisbury	SAL	43.00

**U13 Girls**
**Heat 1**

1. Flinders	FLI	55.33
2. Magill	MAG	59.54
3. Tea Tree Gully	TTG	1:00.85
4. Western Athletics	WAC	1:02.22
5. West Lakes	WLD	1:02.64
6. Southern Hills	SOH	1:04.85

**High Jump**
**Long Jump**
**Discus**
**Shot Put**
**Field Relay**
**4x100m**

### Heat 2

1. Eastern Districts	EDI	57.20
2. Enfield	ENF	58.99
3. Golden Grove	GGR	59.40
4. Flinders B	FLI	1:01.42
5. Coastal Districts	CDI	1:01.87
6. Lyndoch & Districts	LYN	1:04.71

### U13 Girls

#### 4x100m

#### Final

1. Flinders	FLI	56.13
2. Eastern Districts	EDI	57.35
3. Tea Tree Gully	TTG	58.07
4. Golden Grove	GGR	58.99
5. Magill	MAG	59.03
6. Enfield	ENF	59.78
7. Flinders B	FLI	1:01.59
8. Coastal Districts	CDI	1:02.06

### U13 Girls

#### 4x200m

#### Heat 1

1. Tea Tree Gully	TTG	2:03.28
2. Western Athletics	WAC	2:11.96
3. Southern Hills	SOH	2:18.21
4. West Lakes	WLD	2:18.68
5. Mt Barker	MTB	2:23.36

#### Heat 2

1. Flinders	FLI	1:57.77
2. Eastern Districts	EDI	2:02.79
3. Golden Grove	GGR	2:03.75
4. Magill	MAG	2:05.91
5. Enfield	ENF	2:06.86
6. Coastal Districts	CDI	2:07.89
7. Lyndoch & Districts	LYN	2:11.81
8. Flinders B	FLI	2:14.29

### U13 Girls

#### 4x200m

#### Final

1. Flinders	FLI	1:57.70
2. Tea Tree Gully	TTG	2:03.90
3. Eastern Districts	EDI	2:04.22
4. Golden Grove	GGR	2:06.89
5. Magill	MAG	2:08.74
6. Coastal Districts	CDI	2:10.16
7. Enfield	ENF	2:13.40
8. Lyndoch & Districts	LYN	2:15.14

### U14 Boys

#### High Jump

#### Final

1. Caleb McCrackan	MCO	1.45
2. Ryley James	WVL	1.45

3. Aidan Williams	MPA	1.35
4. Dusty Loffler	RED	1.35
5. Eamon Ziersch-O'Connor	MAG	1.30
6. Mitchell Dansie	NDI	1.25
7. Ryan Walker-Kluske	LYN	1.25
8. Aidan Spillane	ENF	1.25
9. Clayton Hosking	WAC	1.20

### U14 Boys

#### Long Jump

#### Final

1. Rory O'Connell	RED	4.43
2. Caleb McCrackan	MCO	4.33
3. Mitchell Dansie	NDI	4.12
4. Felix Bowden	MAG	4.02
5. Aidan Spillane	ENF	3.67
6. Ned Kitchin	WAC	3.60
7. Aidan Williams	MPA	3.52
8. Matewos Shiferaw	WVL	3.18
9. Cooper Semmler	LYN	3.14

### U14 Boys

#### Discus

#### Final

1. Riley Williamson-Cameron	NDI	37.27
2. Felix Bowden	MAG	32.44
3. Brock Farrugia	LYN	24.53
4. Oxford Katakasi	ENF	21.82
5. Isaac Bates	MCO	20.12
6. Rory O'Connell	RED	19.22
7. Ryley James	WVL	19.12
8. Jai Phillis	MPA	17.19
9. Clayton Hosking	WAC	12.09
10. Blake Cross	EDI	8.42

### U14 Boys

#### Shot Put

#### Final

1. Riley Williamson-Cameron	NDI	12.43
2. Dylan Woods	MCO	10.08
3. Dusty Loffler	RED	8.30
4. Eamon Ziersch-O'Connor	MAG	8.25
5. Brock Farrugia	LYN	7.96
6. Oxford Katakasi	ENF	7.74
7. Jai Phillis	MPA	7.71
8. Ned Kitchin	WAC	5.30
9. Matewos Shiferaw	WVL	3.56

**U14 Boys**
**Final**

1. Mid Coast	MCO	94.00
2. Northern Districts	NDI	93.00
3. Reynella East	RED	90.00
4. Magill	MAG	89.00
5. Enfield	ENF	81.00
6. Lyndoch & Districts	LYN	80.00
7. Munno Para	MPA	79.00
8. Woodville	WVL	78.00
9. Western Athletics	WAC	72.00
10. Eastern Districts	EDI	16.00

**U14 Boys**
**Heat 1**

1. Mid Coast	MCO	52.01
2. Southern Hills	SOH	55.55
3. Magill	MAG	55.67
4. Western Athletics	WAC	58.72
5. Tea Tree Gully	TTG	1:01.27

**Heat 2**

1. Golden Grove	GGR	55.67
2. Ingle Farm	INF	57.09
3. Hills	HIL	57.14
4. Eastern Districts	EDI	57.82

**U14 Boys**
**Final**

1. Magill	MAG	54.54
2. Southern Hills	SOH	54.78
3. Mid Coast	MCO	55.30
4. Golden Grove	GGR	55.77
5. Hills	HIL	57.07
6. Ingle Farm	INF	57.16
7. Eastern Districts	EDI	58.01
8. Western Athletics	WAC	58.03

**U14 Boys**
**Heat 1**

1. Mid Coast	MCO	1:47.41
2. Magill	MAG	1:56.12
3. Southern Hills	SOH	1:57.75
4. Western Athletics	WAC	2:00.76
5. Tea Tree Gully	TTG	2:08.67

**Heat 2**

1. Eastern Districts	EDI	1:58.81
2. Golden Grove	GGR	1:59.60
3. Hills	HIL	2:00.98
4. Ingle Farm	INF	2:01.74

**Field Relay**
**U14 Boys**
**Final**

1. Mid Coast	MCO	1:47.13
2. Magill	MAG	1:55.36
3. Southern Hills	SOH	1:57.63
4. Golden Grove	GGR	1:58.68
5. Eastern Districts	EDI	2:01.07
6. Hills	HIL	2:01.87
7. Western Athletics	WAC	2:03.29
8. Ingle Farm	INF	2:12.25

**U14 Girls**
**Final**

1. Adelaide Williams	NDI	1.41
2. Chelsea Vermeeren	LYN	1.36
3. Maggie Rankin	WAC	1.16
3. Amara Bos	TTG	1.16
3. Mollie Campain-Burns	MCO	1.16

**U14 Girls**
**Final**

1. Adelaide Williams	NDI	4.23
2. Chelsea Vermeeren	LYN	3.70
3. Maggie Rankin	WAC	3.65
4. Amara Bos	TTG	3.59
5. Mollie Campain-Burns	MCO	3.51

**U14 Girls**
**Final**

1. Emily Koch	LYN	31.32
2. Jane Trembath	MCO	30.22
3. Heather Ferguson	TTG	25.31
4. Charlie Caldwell	WAC	12.59
5. Courtney Howard	NDI	6.54

**U14 Girls**
**Final**

1. Emily Koch	LYN	9.27
2. Heather Ferguson	TTG	9.18
3. Jane Trembath	MCO	8.41
4. Charlie Caldwell	WAC	5.40
5. Courtney Howard	NDI	3.19

**U14 Girls**
**Final**

1. Lyndoch & Districts	LYN	98.00
2. Northern Districts	NDI	92.00
3. Tea Tree Gully	TTG	91.00
4. Mid Coast	MCO	90.00
5. Western Athletics	WAC	89.00

**4x200m**
**High Jump**
**Long Jump**
**Discus**
**Shot Put**
**Field Relay**

**U14 Girls** **4x100m**

**Final**

1. Eastern Districts	EDI	55.02
2. Coastal Districts	CDI	56.51
3. Southern Hills	SOH	56.61
4. Western Athletics	WAC	57.07
5. Tea Tree Gully	TTG	59.07
6. West Lakes	WLD	1:00.59

**U14 Girls** **4x200m**

**Final**

1. Eastern Districts	EDI	1:57.79
2. Southern Hills	SOH	1:58.28
3. Western Athletics	WAC	1:59.04
4. Coastal Districts	CDI	1:59.34
5. Tea Tree Gully	TTG	2:06.01
6. West Lakes	WLD	2:10.53

**U12-14 Mixed** **Medley**

**Heat 1**

1. Lyndoch & Districts	LYN	2:07.80
2. Plympton	PLY	2:11.74
3. Western Athletics	WAC	2:16.64
4. Mt Barker	MTB	2:25.50

**Heat 2**

1. Eastern Districts	EDI	2:14.56
2. Woodville	WVL	2:18.39
3. Lyndoch & Districts B	LYN	2:23.94
4. Mt Barker B	MTB	2:31.35
5. Mt Barker C	MTB	2:35.13
Northern Districts	NDI	DQ

**U12-14 Mixed** **Medley**

**Final**

1. Lyndoch & Districts	LYN	2:05.27
2. Plympton	PLY	2:10.42
3. Western Athletics	WAC	2:11.35
4. Eastern Districts	EDI	2:14.17
5. Woodville	WVL	2:19.60
6. Mt Barker B	MTB	2:23.57
7. Mt Barker	MTB	2:24.21
7. Lyndoch & Districts	LYN	2:24.21

**U15 Boys** **High Jump**

**Final**

1. Jay Leong	NOA	1.55
2. Thomas Frew	WVL	1.35
3. Zade Kretschmer	HCO	1.25

**U15 Boys** **Long Jump**

**Final**

1. Cameron Kirkland	NOA	4.88
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2. Zade Kretschmer	HCO	4.84
3. Thomas Frew	WVL	4.42

**U15 Boys** **Discus**

**Final**

1. Cameron Fraser	WVL	27.35
2. Jay Leong	NOA	23.58
3. CJ Ismail	HCO	22.85

**U15 Boys** **Shot Put**

**Final**

1. Cameron Fraser	WVL	8.23
2. CJ Ismail	HCO	8.00
3. Toby Jeisman	NOA	5.39

**U15 Boys** **Field Relay**

**Final**

1. Woodville	WVL	97.00
2. Noarlunga	NOA	97.00
3. Hallett Cove	HCO	94.00

**U15 Boys** **4x100m**

**Final**

1. Golden Grove	GGR	51.62
2. Lyndoch & Districts	LYN	52.93
3. West Lakes	WLD	57.95

**U15 Boys** **4x200m**

**Final**

1. Golden Grove	GGR	1:46.73
2. Lyndoch & Districts	LYN	1:49.70
3. West Lakes	WLD	2:02.96

**U15 Girls** **High Jump**

**Final**

1. Lily Bedford	ADE	1.25
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**U15 Girls** **Long Jump**

**Final**

1. Olivia Perez-White	ADE	4.20
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**U15 Girls** **Discus**

**Final**

1. Olivia Perez-White	ADE	26.23
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**U15 Girls** **Shot Put**

**Final**

1. Lily Bedford	ADE	6.96
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**U15 Girls** **Field Relay**

**Final**

1. Adelaide Harriers	ADE	100.00
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<b>U15 Girls</b>		<b>4x100m</b>	
<b>Final</b>			
1. Eastern Districts	EDI	55.63	
2. Golden Grove	GGR	55.70	
3. Lyndoch & Districts	LYN	57.30	
4. Woodville	WVL	58.18	
5. Mid Coast	MCO	58.31	

<b>U15 Girls</b>		<b>4x200m</b>	
<b>Final</b>			
1. Golden Grove	GGR	1:57.09	
2. Eastern Districts	EDI	1:58.35	
3. Lyndoch & Districts	LYN	2:02.36	
4. Woodville	WVL	2:03.47	
5. Mid Coast	MCO	2:04.87	

<b>U16 Boys</b>		<b>High Jump</b>	
<b>Final</b>			
1. Tate Manning	BVA	1.65	
2. Liam Killick	EDI	1.55	
3. Oscar Craig	RED	1.50	

<b>U16 Boys</b>		<b>Long Jump</b>	
<b>Final</b>			
1. Finn Reed	BVA	5.26	
2. Liam Killick	EDI	4.76	
3. Oscar Craig	RED	4.24	

<b>U16 Boys</b>		<b>Discus</b>	
<b>Final</b>			
1. Ryan Rivett	EDI	36.87	
2. Tate Manning	BVA	32.34	
3. Marcus Hastie	RED	19.83	

<b>U16 Boys</b>		<b>Shot Put</b>	
<b>Final</b>			
1. Finn Reed	BVA	10.09	
2. Ryan Rivett	EDI	9.70	
3. Marcus Hastie	RED	6.16	

<b>U16 Boys</b>		<b>Field Relay</b>	
<b>Final</b>			
1. Barossa Valley	BVA	99.00	
2. Eastern Districts	EDI	97.00	
3. Reynella East	RED	92.00	

<b>U16 Girls</b>		<b>High Jump</b>	
<b>Final</b>			
1. Jade Walas	NDI	1.45	
2. Stephanie De Virgilio	WVL	1.45	
3. Carah Louw	HIL	1.40	
4. Maddilyn Wilson-Owens	NOA	1.10	

<b>U16 Girls</b>		<b>Long Jump</b>	
<b>Final</b>			
1. Jade Walas	NDI	5.15	
2. Stephanie De Virgilio	WVL	4.56	
3. Maddilyn Wilson-Owens	NOA	3.19	
Penny May	HIL	NM	

<b>U16 Girls</b>		<b>Discus</b>	
<b>Final</b>			
1. Tiana Scholz	WVL	34.57	
2. Emma Cotgrove	NDI	27.67	
3. Penny May	HIL	16.48	
4. Maddilyn Wilson-Owens	NOA	12.93	

<b>U16 Girls</b>		<b>Shot Put</b>	
<b>Final</b>			
1. Emma Cotgrove	NDI	10.41	
2. Elly Read	WVL	9.65	
3. Carah Louw	HIL	7.85	

<b>U16 Girls</b>		<b>Field Relay</b>	
<b>Final</b>			
1. Northern Districts	NDI	99.00	
2. Woodville	WVL	97.00	
3. Hills	HIL	69.00	
4. Noarlunga	NOA	67.00	

<b>U16 Girls</b>		<b>4x100m</b>	
<b>Final</b>			
1. Tea Tree Gully	TTG	54.27	
2. Mid Coast	MCO	55.42	
3. Golden Grove	GGR	57.09	
4. Southern Hills	SOH	58.83	
5. Noarlunga	NOA	1:01.18	
6. Eastern Districts	EDI	1:01.41	

<b>U16 Girls</b>		<b>4x200m</b>	
<b>Final</b>			
1. Tea Tree Gully	TTG	1:55.21	
2. Mid Coast	MCO	1:56.83	
3. Southern Hills	SOH	1:58.72	
4. Golden Grove	GGR	2:03.26	
5. Noarlunga	NOA	2:07.33	
6. Eastern Districts	EDI	2:09.48	

<b>U17 Boys</b>		<b>High Jump</b>	
<b>Final</b>			
1. Lachlan Browne	GGR	1.75	
2. Ethan Johnson	SCO	1.65	
3. Lachlan Bellen	MCO	1.55	
4. Hayden Fortington	WVL	1.50	



U17 Boys		Long Jump	
<b>Final</b>			
1. Luke Mitchell	WVL	5.66	
2. Ethan Johnson	SCO	5.38	
3. Lachlan Browne	GGR	5.19	
4. Lachlan Bellen	MCO	4.99	

U17 Boys		Discus	
<b>Final</b>			
1. Alexander Brehin	SCO	29.16	
2. Sean Trembath	MCO	26.39	
3. Luke Mitchell	WVL	23.75	
4. Jack Gillingham	GGR	19.04	
5. Andy Wakefield	MPA	16.21	

U17 Boys		Shot Put	
<b>Final</b>			
1. Sean Trembath	MCO	10.40	
2. Cameron Gane	SCO	8.80	
3. Jack Gillingham	GGR	8.76	
4. Andy Wakefield	MPA	6.90	
5. Angus Plastow	WVL	6.01	

U17 Boys		Field Relay	
<b>Final</b>			
1. South Coast	SCO	97.00	
2. Mid Coast	MCO	94.00	
3. Golden Grove	GGR	93.00	
4. Woodville	WVL	91.00	
5. Munno Para	MPA	43.00	

U16 Boys		4x100m	
<b>Final</b>			
1. West Lakes	WLD	47.91	
3. Southern Hills	SOH	49.68	
6. Tea Tree Gully	TTG	51.15	
7. Hallett Cove	HCO	51.28	

U16 Boys		4x200m	
<b>Final</b>			
1. West Lakes	WLD	1:38.08	
2. Southern Hills	SOH	1:41.87	
3. Tea Tree Gully	TTG	1:44.07	
4. Hallett Cove	HCO	1:45.82	

U17 Boys		4x100m	
<b>Final</b>			
1. Coastal Districts	CDI	49.22	
2. Western Athletics	WAC	49.70	
3. Eastern Districts	EDI	50.78	

U17 Boys		4x200m	
<b>Final</b>			
1. Coastal Districts	CDI	1:40.63	
2. Western Athletics	WAC	1:42.28	
3. Eastern Districts	EDI	1:44.11	

U17 Girls		High Jump	
<b>Final</b>			
1. Carla De Virgilio	GGR	1.25	

U17 Girls		Long Jump	
<b>Final</b>			
1. Carla De Virgilio	GGR	3.56	

U17 Girls		Discus	
<b>Final</b>			
1. Lauren Smith	GGR	27.39	

U17 Girls		Shot Put	
<b>Final</b>			
1. Lauren Smith	GGR	9.93	

U17 Girls		Field Relay	
<b>Final</b>			
1. Golden Grove	GGR	100.00	

U17 Girls		4x100m	
<b>Final</b>			
1. Golden Grove	GGR	54.70	
2. Western Athletics	WAC	55.77	
3. Barossa Valley	BVA	56.24	
4. West Lakes	WLD	56.27	
5. Eastern Districts	EDI	57.78	
6. Coastal Districts	CDI	58.00	

U17 Girls		4x200m	
<b>Final</b>			
1. Golden Grove	GGR	1:56.47	
SBP			
2. West Lakes	WLD	1:57.98	
3. Western Athletics	WAC	1:59.11	
4. Barossa Valley	BVA	1:59.57	
5. Coastal Districts	CDI	2:00.67	
6. Eastern Districts	EDI	2:04.56	

U17 Mixed		4x100m	
<b>Final</b>			
1. Northern Districts	NDI	53.09	
2. West Lakes	WLD	53.14	
3. Southern Hills	SOH	55.31	

<b>U17 Mixed</b>		<b>4x200m</b>
<b>Final</b>		
1. Lyndoch & Districts	LYN	1:48.78
2. West Lakes	WLD	1:51.45
3. Northern Districts	NDI	1:53.70

<b>U15-17 Mixed</b>		<b>Medley</b>
<b>Final</b>		
1. Lyndoch & Districts	LYN	1:50.70
2. Golden Grove	GGR	1:53.63
3. Tea Tree Gully	TTG	1:56.35
4. Southern Hills	SOH	2:00.63
5. Gawler	GAW	2:04.92

<b>Dads</b>		<b>4x100m</b>
<b>Final</b>		
1. Gawler	GAW	50.93
2. Western Athletics	WAC	53.25
3. Tea Tree Gully	TTG	53.80
4. Golden Grove	GGR	53.86
5. Coastal Districts	CDI	54.50
6. Lyndoch & Districts	LYN	54.65
7. Salisbury	SAL	56.09
8. Adelaide Harriers	ADE	56.74
9. Munno Para	MPA	57.08
10. Coastal Districts B	CDI	1:00.50
11. Salisbury	SAL	1:01.80
12. Mid Coast	MCO	1:02.21
13. EFM Health Clubs	EFM	1:13.99

<b>Mums</b>		<b>4x100m</b>
<b>Final</b>		
1. Golden Grove	GGR	1:00.56
2. Tea Tree Gully	TTG	1:04.44
3. Magill	MAG	1:05.17
4. Lyndoch & Districts	LYN	1:05.40
5. Adelaide Harriers	ADE	1:05.85
6. EFM Health Clubs	EFM	1:08.41
7. Western Athletics	WAC	1:10.03
8. Munno Para	MPA	1:11.67
9. Gawler	GAW	1:12.19
10. Coastal Districts	CDI	1:13.05
11. Salisbury	SAL	1:13.54
12. Salisbury B	SAL	1:22.08

<b>Rec Aths Men</b>		<b>4x100m</b>
<b>Final</b>		
1. Coastal Districts	CDI	48.42

<b>Rec Aths Women</b>		<b>4x100m</b>
<b>Final</b>		
1. Coastal Districts	CDI	59.43

### Pam Sard Champion Centre

Eastern Districts	193
Western Athletics	151
Tea Tree Gully	151
Golden Grove	133
West Lakes	107
Coastal Districts	90
Mid Coast	78
Southern Hills	69
Magill	68
Woodville	52
Lyndoch & Districts	51
Hills	38
Northern Districts	32
Enfield	32
Flinders	27
Hallett Cove	17
Gawler	14
Barossa Valley	11
Noarlunga	8
Adelaide Harriers	7
Ingle Farm	4
Mt Barker	3
South Coast	3
Munno Para	2

### March Past Best Presented Centre

1. Western Athletics
2. Lyndoch & Districts
3. West Lakes

### Lou Moyes Most Improved Centre

Magill	33.5
Woodville	29
Lyndoch & Districts	23
Golden Grove	16
Flinders	15
Gawler	14
Barossa Valley	11
Eastern Districts	10
Mid Coast	8.5
Ingle Farm	4
Mt Barker	3
South Coast	3
West Lakes	2
Coastal Districts	2
Hallett Cove	1.5
Northern Districts	1
Munno Para	0
Plympton	0
Reynella East	0
Campbelltown	0
Western Athletics	0
Enfield	-1
Tea Tree Gully	-5.5
Hills	-8
Noarlunga	-12
Adelaide Harriers	-13
Southern Hills	-14
Salisbury	-15